

Confused or frustrated by **health insurance** or **medical** issues?

Call **HealthAdvocate** at **866.695.8622**

24/7 for free confidential help with...

- Finding the right specialist
- Explaining or resolving insurance claims
- Negotiating payment arrangements
- Learning about Medicare
- ... and much more!



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# HealthAdvocate is

- Experienced and ready to save you the time and trouble of calling insurers and providers yourself
- Dedicated to taking the issue off your hands and reporting back to you when it is resolved
- Free for you to use as often as you need, so you can stay focused at home and at work
- Available 24/7, with Personal Health Advocates on hand Mon-Fri, 8am-9pm ET
- Happy to address medical and insurance issues relating to you and your spouse as well as your children, parents, and parents-in-law
- Not affiliated with any insurance or medical provider: **YOUR** advocate!
- Completely confidential



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To learn more, go to [HealthAdvocate.com/members](http://HealthAdvocate.com/members), type VLCT, and explore.

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